

Your fundraising events

AMMF is grateful to those individuals and companies who support AMMF's own fundraising events each year, and the charity is also very grateful to all those supporters who fundraise on the charity's behalf and who organise their own events.

Whichever way you choose to support the charity, you are helping to raise valuable funds for research and playing an important role in raising awareness of the charity and of cholangiocarcinoma.

Why not plan an event to support AMMF – a coffee morning, an afternoon tea, a barbecue, pamper evening, or something similar amongst your friends and colleagues?

Or maybe become part of the ever widening Team AMMF and take part in an open marathon, half-marathon, sponsored run or cycle race, or participate in an open challenge event such as a sponsored trek to Machu Picchu or the Great Wall of China?

If you would like to help fundraise for AMMF in any of these ways, or if you have any other fundraising ideas, we would love to hear from you. info@ammf.org.uk

[Download our sponsor form here.](#)

[Download our Event flyer here.](#)

Previous events

Sunshine and magic at the BBQ

Mark and Janet Elnaugh's lovely garden was the venue for the business networking group BNI's barbecue, held in support of AMMF.



Mark gets on his bike

Mark Gentry got out his lycra again for AMMF, and undertook a second sponsored bike ride for the charity.



Charity Golf Day

The Essex Events Company held a Charity Golf Day at the Lexden Wood Golf Centre, Colchester, in aid of AMMF.



Bob's 60th Birthday

Bob and Lynda Webb decided to celebrate Bob's landmark birthday with a garden party for all their friends and relations, and elected to have donations for AMMF in lieu of presents.



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